



2009

Educational Opportunities for Adoptive and Foster Parents

Respite Provider Training

September 23 and 30th

6pm to 9pm

This training will provide a basic education in the same areas provided to parents. If there are people in your life who are willing to help by providing respite for you (family, friends, neighbors, etc.) encourage them to register for this free class. Class meets twice.

Understanding the Effects of Sexual Abuse

October 7 and 14th

6pm to 9pm

Parenting a child with a history of sexual abuse can be frightening—from responding to the child's acting out behavior to dealing with your own emotions. Come share with other parents and participate in discussions of the best ways to minimize the trauma and help your child heal. This is a two-week class—attendance is suggested at both weeks.

Parenting the Second Time Around

Thursdays October 8—November 12

9:30 to 11:30am

The workshop is designed to build a sense of confidence and comfort for grandparents or relatives who are already or are moving into a parenting role. Topics include discipline, planning for your grandchild's future, connecting with community programs, internet safety, feelings about changing roles, child development and relating to your adult child or relative.

Providing Structure and Discipline for Children With a History of Abuse and Neglect

October 21 and 28th

6pm to 9pm

Children with a history of abuse and neglect require a great deal of structure in their lives to thrive. Discuss the effects of abuse and neglect on child development and ways to provide that structure and discipline while also giving love and affection to children. This is a two-week class—attendance is suggested at both weeks.

Transracial Parenting in Foster Care and Adoption

November 12 and 19th

6pm to 9pm

Parenting a child of another racial heritage brings with it additional challenges and opportunities. In this two-part class, activities will include video-based training regarding ways to prepare your life to better meet the cultural needs of your child and a discussion with other parents.

Ready, Set, Fly!

November 14

9am to 3pm

This training focuses on the unique issues involved with preparing adolescents to live on their own. It is mandatory training for any foster parent interested in providing for teens.

Lifebooks

December 10

6pm to 9pm

Lifebooks are an important tool for helping children who are in foster care and are adopted to feel connected to their past. Participate in the development of tools to give your child a positive way to remember.

CPR/FIRST AID for Foster, Adoptive and Kinship Providers

All families licensed by the State of Missouri are required to take one class every two years. Only one of the following dates is required:

September 17, 2009 6–9 pm
 October 19, 2009 6–9pm
 November 7, 2009 9am –12pm

To Register:

(314) 968-2350, ext. 223 or
educationandcounseling@chsmo.org

Children's Home Society is located at
 9445 Litzsinger
 Brentwood, Missouri 63144

Classes are in the lower-level training room. Please enter from the ramp at the west end of the parking lot.